

# A Prophet Sings The Blues

God Intercedes – 1 Kings 19:1 – 18

---

## Sermon Discussion Guide

February 23, 2020

New Life  
Christian Church  
4701 E CR 462  
Wildwood, FL 34785

[nlchristian.org](http://nlchristian.org)

1. Have you ever had a “mid-life” crisis: Once? Never? Several times? Explain what it was like.

King Ahab, influenced by his wife, Jezebel, had led Israel into idolatry. Just before this scene you are about to read, the power of God had come upon Elijah in amazing ways: 1) in a contest with the prophets of Baal, Elijah demonstrated God’s superiority over Baal – resulting in the execution of the false prophets; 2) after a long drought God sent rain in response to Elijah’s prayer; and 3) God empowered Elijah to outrun Ahab’s chariot.

Read 1 Kings 19:1 – 18

2. Why did Elijah run to the desert and pray to die?

- He was afraid
- He was depressed
- He was totally drained
- He was full of self-pity
- He was having a faith crisis
- He felt alone and unsupported

3. What did Elijah need the most?

- Physical replenishment
- Some peace and quiet
- A spiritual retreat
- An attitude adjustment
- Some answers about life
- Fellowship with other believers
- A fresh vision of God
- Other: \_\_\_\_\_

4. What was God saying to Elijah through the gentle whisper?

- “Your ministry is far from over.”
- “Trust me.”
- “Stop moping and get moving.”
- “You’re not alone.”
- Other: \_\_\_\_\_

# A Prophet Sings The Blues

God Intercedes – 1 Kings 19:1 – 18 (page 2)

---

5. When you experience a letdown, what helps you recover?
- Sleep
  - A vacation
  - Nourishment
  - Fellowship with others
  - Alone time
  - Time with God
  - Other: \_\_\_\_\_
6. When is a time you felt like you couldn't go any further?  
What got you so discouraged? What got you going again?
7. What message is there in this story for you?
- I need to be quiet so I can hear God
  - Sometimes God speaks in a gentle whisper
  - God will refresh and sustain me
  - Things aren't as bad as they seem
  - Other: \_\_\_\_\_
8. What do you need the most right now?
- A good night's sleep
  - Physical refreshment
  - Spiritual replenishment
  - To hear from God
  - Other: \_\_\_\_\_

Source: *Serendipity Bible For Groups*, Serendipity House, 1998.